

PENN PSYCHIATRY

MOVING FORWARD TOGETHER | RESURGENCE AND ANTI-RACISM

OCTOBER 28, 2020



MESSAGE FROM THE CHAIR

Dear Faculty, Trainees and Staff:

This week has been nothing short of harrowing. We are filled with sadness and anger about yet another death of a Black man. Our community is up in arms. This is difficult for everyone but especially for those of us who fear for our sons, brothers, husbands, uncles. We know this is a long road and we must stay the course to reverse this disturbing reality. At the same time, we may need help in processing our emotions. Today and for the rest of this week, there will be opportunities to access safe spaces to address these topics and get support through COBALT, EAP and of course our own program.

I want to reiterate my deep gratitude to you for all the work that you do every day, your altruism, and your dedication and to strongly encourage you to take care of yourself by sticking to your routines of eating, sleeping and exercise. Please stay well and safe.

TOWN HALL, NOVEMBER 11TH AT 5:00 P.M.

As faculty, staff and trainees continue to face the challenges presented by the pandemic, we continue to look for ways to balance our multiple work and home responsibilities. We are all living a new reality that includes physical distancing and risk for infection, leading many of us to experience distress. With that in mind, we will convene a town hall meeting for all members of the department, which I will co-lead with Dr. Thea Gallagher. Please join us on Wednesday, November 11th at 5:00 to share your thoughts. An invite will be sent.

KNOCKING IT OUT OF THE PARK!

Congratulations to our counseling clinical team from PPMC Wright 5 Inpatient Psych, Wright 4 – Inpatient Detox & Residential Substance Use Treatment and 4040 Market – Intensive

Outpatient and Outpatient Substance Use treatment! Your hard work, dedication to learning and professional skill development, commitment to becoming certified in cognitive behavioral therapy, and implementation of cognitive behavioral therapy counseling services to our patients continues to improve our clinical offerings and we are now recognized as an Evidence Based Practice! Fantastic work and an awesome accomplishment and designation for our clinical services! Click [here](#) to visit their site!

ANNUAL CPUP PMX AWARDS



Congratulations to the Outpatient Psychiatry Call Center Team (Rachel Sowers, Krystal Griffin, Eric Jensen, Nafessah Waddy-Davis, & Woodler Rosena) for achieving the 2020 Patient Experience Champion of the Year Team Award! Congratulations to Felicia Smith, Patient Service Associate, for winning the CPUP Good Catch Patient Experience Award! Both Felicia and the Call Center Team were recognized

System-wide at the Penn Medicine Experience Week Awards Ceremony on Friday, 10/22/20, for their exceptional work, and their exemplary dedication and compassion to our patients and providers. It is a wonderful honor to win the CPUP patient experience awards, and one that is very well deserved. Thank you for all that you do. Penn is a big place, and you all are chosen to be among the best!!

WELLNESS RESOURCES

Click [here](#) to access our Wellness Resources.

THANK YOU FOR YOUR SERVICE.

Vision

Promoting health for the brain and mind to transform lives and the world.

Mission

Penn Psychiatry develops and implements new ideas to understand, prevent, and treat disorders of the brain and mind, through innovative research and discoveries, outstanding educational, world renowned clinical services, and transformational public health policies.